



TAKEOUT MENU

BAGEL BOXES 🥯

Baker's Dozen

13 Bagels + 2 Shmear Tubs

Half Dozen

6 Bagels + 1 Shmear Tub

AVOCADO TOAST 🥑🥯

380 Cal

Smashed Avocado with Salt & Pepper on a Toasted Plain

FRESH-MADE BAGELS

CLASSIC

Asiago	300 Cal	Everything 🥯	280 Cal
Blueberry	280 Cal	Honey Wheat	290 Cal
Chocolate Chip	280 Cal	Plain	280 Cal
Cinnamon Raisin	290 Cal	Sesame Seed 🥯	280 Cal
Cinnamon Sugar	300 Cal		

GOURMET

Cheesy Hash Brown	390 Cal
Six Cheese	360 Cal

DOUBLE-WHIPPED SHMEAR

Plain	120 Cal	Honey Almond* 🥯	120 Cal
Onion & Chive	110 Cal	Jalapeño Salsa*	100 Cal
Garden Veggie*	100 Cal	Strawberry*	120 Cal

TOPPINGS

Avocado	50 Cal	Peanut Butter 🥯	240 Cal
Butter Blend	110 Cal	PB&J 🥯	300 Cal

EGG SANDWICHES

SIGNATURE

Farmhouse 710 Cal / 800 Cal

Eggs, Bacon, Smoked Ham, Cheddar Cheese with Country Pepper Shmear on a Cheesy Hash Brown Gourmet Bagel

Garden Avocado 🥑🥯 510 Cal / 600 Cal

Eggs, Avocado, Tomato, Spinach, Roasted Tomato Spread on an Everything Bagel

Texas Brisket 780 / 870 Cal

Eggs, Smoked Beef Brisket, Cheddar, Smoky Chipotle Aioli on a Cheddar Jalapeño Gourmet Bagel

All-Nighter 930 Cal

Eggs, Bacon, 2 Slices American Cheese, Smoky Chipotle Aioli on a Cheesy Hash Brown Gourmet Bagel

Big Breakfast Burrito 1250 Cal

Eggs, Bacon, Turkey-Sausage, Shredded Cheese, Green Chiles, Hash Browns, Salsa, Plain Shmear in a Flour Tortilla

EGG WHITES

Santa Fe 🥯 440 Cal / 470 Cal

Egg Whites, Turkey-Sausage, Cheddar with Salsa and Jalapeño Salsa Shmear on an Asiago Thin Bagel

Bacon, Avocado & Tomato 🥯 430 Cal / 460 Cal

Egg Whites, Bacon, Avocado, Tomato with Roasted Tomato Spread on a Plain Thin Bagel

CLASSIC Served on a Plain Bagel.

Bacon & Cheddar 🥯 500 Cal / 590 Cal

Turkey-Sausage & Cheddar 🥯 520 Cal / 610 Cal

Ham & Swiss 🥯 470 Cal / 560 Cal

Cheddar Cheese 🥯🥯 430 Cal / 520 Cal

MAKE IT A MEAL

Add a Twice-Baked Hash Brown & Medium Coffee 180 Cal

CUSTOMIZE IT

Add a Second Egg Adds 90 Cal

Upgrade to a Gourmet Bagel Adds 70-130 Cal

Substitute Egg White Subtract 55 Cal per Egg

Make Your Bagel Thin Subtract 70-120 Cal

VEGETARIAN 🥑 CONTAINS NUTS 🥯 CONTAINS SESAME 🥯

*25% less fat than our regular shmear. Fat content has been reduced from 12g to 9g per serving.

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.



Farmhouse

DELI LUNCH

Nova Lox** 🔥 510 Cal
Nova Lox, Red Onion, Capers, Tomato with Plain Shmear on a Plain Bagel

Turkey, Bacon & Avocado 600 Cal
Roasted Turkey, Bacon, Avocado, Lettuce, Tomato with Roasted Tomato Spread on Toasted Ciabatta

Tasty Turkey 🔥 530 Cal
Roasted Turkey, Spinach, Cucumber, Lettuce, Tomato with Onion & Chive Shmear on an Asiago Bagel

Avocado Veg Out 🥑🔥 400 Cal
Avocado, Tomato, Cucumber, Red Onion, Spinach, Lettuce with Garden Veggie Shmear on a Sesame Bagel

DELI SELECTS

Served on a your choice of Bagel, Toasted Ciabatta or Flour Tortilla

Turkey & Cheddar 510-600 Cal

Ham & Swiss 500-590 Cal

Chicken Salad 440-530 Cal

TOASTED GOURMET

Albuquerque Turkey 🔥 710 Cal
Roasted Turkey, Bacon, Cheddar, Lettuce, Tomato, Green Chiles, Plain Shmear on a Six Cheese Gourmet Bagel

TOASTED CIABATTA

Pepperoni Chicken 650 Cal
Grilled Chicken Breast, Pepperoni, Swiss & Asiago Cheese, Red Onion, Spinach, Roasted Tomato Spread on Toasted Ciabatta

Spicy Chicken 610 Cal
Grilled Chicken Breast, Bacon, Cheddar, Jalapeños, Red Onion, Jalapeño Salsa Shmear on Toasted Ciabatta

Cheesy Veggie Melt 🥑🔥 620 Cal
Cheddar, Swiss, Tomato, Spinach, Roasted Tomato Spread on Toasted Ciabatta

PIZZA BAGELS Served on a Plain Bagel

Cheese 🥑🔥 480 Cal
Pepperoni 🔥 570 Cal



COLD BREW

	S	L
Classic	5 Cal	5 Cal
Flavored		
Vanilla Cream	180 Cal	310 Cal
Caramel Cream	210 Cal	360 Cal
Chocolate Cream	200 Cal	340 Cal
Cold Brew Shakes		
Vanilla	350 Cal	540 Cal
Caramel	390 Cal	620 Cal
Chocolate	380 Cal	590 Cal

Available Coffee-Free

ESPRESSO

	S Iced	M Hot	L Hot or Iced
Mocha	240 Cal	350 Cal	420/390 Cal
Caramel Macchiato	260 Cal	370 Cal	450/420 Cal
Latte	80 Cal	140 Cal	170/140 Cal
Chai Tea Latte	140 Cal	230 Cal	280/250 Cal
Hot Chocolate		400 Cal	490 Cal

CUSTOMIZE IT

Flavor Shot: Vanilla, Caramel, Chocolate Adds 5-320 Cal
Espresso Shot Adds 0 Cal
Almond Milk Less 5-75 Cal

COFFEE

	M	L
Fresh-Brewed	10 Cal	15 Cal
Bros. Breakfast Blend Medium Roast, Bros. Decaf Medium Roast, Darn Good Dark Roast, Vanilla Hazelnut 🔥		

SMOOTHIE

	S	L
Strawberry Banana	280 Cal	370 Cal

TEA

	S Iced	M Hot	L Hot or Iced
Hot Tea		0 Cal	0 Cal
Iced Tea	0 Cal		0 Cal

FOUNTAIN

	S	L
	0-280 Cal	0-340 Cal

**COLD SMOKED SALMON IS NOT COOKED. CONSUMING RAW OR UNDERCOOKED SEAFOOD MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.